

## ***Aquatics Programs: Swimming Lessons***

**Water enjoyment and safety go hand-in-hand. Beginning at the age of five, we offer swimming lessons and other aquatic programs. Through the swimming program, several skill levels are offered including lifeguard training classes.**

The Parks Department offers Red Cross Progressive Lesson programs. From beginner classes to advanced sessions, there is a class for all skill levels.

- Three-year-olds can begin lessons in the Water Exploration class.
- Children must pass each skill level class before moving on to the next level.
- Each season, three Swimming Class Sessions are scheduled.
- The first day of each session is designed to ensure that children are enrolled in the proper class.
- Lessons last for 30-minutes daily and are scheduled in the mornings on Mondays through Fridays.
- Beginning level classes are limited to 5 students.
- All other class levels are limited to 10 students.
- Pre-registration is required for classes and classes are filled on a first-come, first-served basis.
- Registration forms are available at the Monticello City Pool or at the Parks Office located in the Anhier Building, City Park.
- Registration forms are available after June 3<sup>rd</sup>.
- **Class fees are \$30.00 per child.**
- On the registration form, please indicate your first and second choice for lessons. You will be contacted if you do not receive your first choice.
- Because the pool is heated, classes are scheduled daily unless there is a thunderstorm in the area occurring 30 minutes prior to the beginning of the first class on that specific day.
- We reserve the right to combine or cancel classes that do not have at least five students per class.

Class Skill Levels Include:

- I. Water Exploration
- II. Primary Skills
- III. Stroke Readiness
- IV. Stroke Development
- V. Stroke Refinement
- VI. Skill Proficiency
- VII. Advanced skills

**For more information on swimming lessons, aquatic programs or lifeguard training, call the City Pool: 574-583-6266 or Parks Office: 574-583-3983.**